

# Community Broadcasting Suicide Prevention Project

January 2020

Track	Topic
1	<p>We profile the supported offered by <b>StandBy – Support after Suicide</b>, Australia’s leading suicide postvention program dedicated to assisting people and communities impacted by suicide.</p> <p><b>DUR:</b> 2:01</p> <p><b>FW:</b> “StandBy – Support after Suicide is Australia’s leading suicide postvention program dedicated to assisting people and communities impacted by suicide...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
2	<p>We learn about <b>HALT</b>, which stands for ‘Hope, Assistance, Local Tradies’, an organisation which reminds tradies they’re valued by their community, and directs them to support services should they need them.</p> <p><b>DUR:</b> 2:00</p> <p><b>FW:</b> “Tradies are a key group of Australians who experience mental illness, but who may often not have the information, confidence or support they need to access mental health services...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
3	<p>We learn about the <b>PANDA at Work</b> Toolkit, which provides a range of free and expert resources to support the mental health of staff members who are expecting a baby, on parental leave, or returning to work after having a baby.</p> <p><b>DUR:</b> 1:40</p> <p><b>FW:</b> “The PANDA at Work Toolkit provides a range of free and expert resources for managers and HR professionals to support the mental health of their staff members who are expecting a baby...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
4	<p>We profile the work of <b>Mates in Construction</b>, a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries.</p> <p><b>DUR:</b> 1:46</p>

	<p><b>FW:</b> “Mates in Construction is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
5	<p>We learn about <b>Are they Triple OK?</b>, a new campaign encouraging stronger peer and social support for police and emergency service workers across Australia.</p> <p><b>DUR:</b> 1:54</p> <p><b>FW:</b> “R U OK? has launched ‘Are they Triple OK?’, a campaign to encourage stronger peer and social support for police and emergency service workers across Australia...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
6	<p>We catch up with Rachel Bowes, Head of Crisis Services and Quality, to find out about the anonymous help and support you can access through <b>Lifeline</b>’s telephone service.</p> <p><b>DUR:</b> 1:34</p> <p><b>FW:</b> “If you’re going through a tough time in your life, or have a problem and wish you had someone you could talk to about it – then help is just a phone call away...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
7	<p><b>HALT</b> founder and spokesperson Jeremy Forbes tells us about some of the messages he shares with tradies at their ‘Save your Bacon’ brekky events.</p> <p><b>DUR:</b> 1:26</p> <p><b>FW:</b> “Tradies are a key group of Australians who experience mental illness, but who may often not have the information, confidence or support they need to access mental health services...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
8	<p>We catch up with national CEO Chris Lockwood to find out more about how the <b>Mates in Construction</b> program works.</p> <p><b>DUR:</b> 2:13</p> <p><b>FW:</b> “Mates in Construction is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
9	<p><b>PANDA</b> CEO Julie Borninkhof explains why it’s so important for workplaces to support the mental health of expecting and new parents.</p> <p><b>DUR:</b> 1:45</p> <p><b>FW:</b> “The PANDA at Work Toolkit provides a range of free and expert resources for managers and HR professionals to support the mental health of their staff members who are expecting a baby...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>

10	<p>We learn about <b>RUOK Mate</b>, an Action on Google where you can role play scenarios and get tips on how, when and where to ask 'are you okay?'.  <b>DUR:</b> 1:44</p> <p><b>FW:</b> "Asking someone you're worried about 'R U OK?' isn't always easy, but it could change a life. To help people better prepare for a conversation, suicide prevention organisation R U OK? has launched 'RUOK Mate'..."</p> <p><b>LW:</b> "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
11	<p>We catchup with Sandi Ford from <b>StandBy</b> to find out about the importance of supporting everyone in a community whose life has been impacted by suicide.  <b>DUR:</b> 1:32</p> <p><b>FW:</b> "StandBy – <i>Support after Suicide</i> is Australia's leading suicide postvention program dedicated to assisting people and communities impacted by suicide..."</p> <p><b>LW:</b> "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
12	<p>We learn about the information and support you can access through <b>SANE Australia</b> if you're caring for someone who is living with complex mental health issues, including the online carers forum which is available 24 hours a day.  <b>DUR:</b> 1:41</p> <p><b>FW:</b> "If you're caring for someone who is living with mental health issues, then a great place to get information and support is through SANE Australia..."</p> <p><b>LW:</b> "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
13	<p>National CEO Chris Lockwood explains more about how the <b>Mates in Construction</b> program works.  <b>DUR:</b> 1:47</p> <p><b>FW:</b> "Mates in Construction is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries..."</p> <p><b>LW:</b> "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
14	<p><b>PANDA</b> CEO Julie Borninkhof explains why it's so important that talking about emotional and mental health for all expecting and new parents becomes more normal, in our workplaces and beyond.  <b>DUR:</b> 1:45</p> <p><b>FW:</b> "The PANDA at Work Toolkit provides a range of free and expert resources for managers and HR professionals to support the mental health of their staff members who are expecting a baby..."</p> <p><b>LW:</b> "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
15	<p>We learn more about <b>Are they Triple OK?</b>, a new campaign encouraging stronger peer and social support for police and emergency service workers across Australia.  <b>DUR:</b> 1:58</p>

	<p><b>FW:</b> “R U OK? has launched ‘Are they Triple OK?’, a campaign to encourage stronger peer and social support for police and emergency service workers across Australia...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
16	<p><b>HALT</b> founder and spokesperson Jeremy Forbes provides some advice for tradies who are going through a tough time.</p> <p><b>DUR:</b> 1:57</p> <p><b>FW:</b> “Tradies are a key group of Australians who experience mental illness, but who may often not have the information, confidence or support they need to access mental health services...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
17	<p>We find out about some of the key <b>Lifeline</b> services you can access online, including their chat service.</p> <p><b>DUR:</b> 2:06</p> <p><b>FW:</b> “If you’re going through a tough time in your life, or have a problem and wish you had someone you could talk to about it – then help is just a phone call away, or a mouse click if you prefer...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
18	<p>We find out about the support people can access through the 24-hour <b>Mates in Construction</b> helpline.</p> <p><b>DUR:</b> 1:48</p> <p><b>FW:</b> “Mates in Construction is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
19	<p>We learn more about the <b>PANDA at Work</b> Toolkit, which provides a range of free and expert resources to support the mental health of staff members who are expecting a baby, on parental leave, or returning to work after having a baby.</p> <p><b>DUR:</b> 1:34</p> <p><b>FW:</b> “The PANDA at Work Toolkit provides a range of free and expert resources for managers and HR professionals to support the mental health of their staff members who are expecting a baby...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
20	<p>Sandi Ford from <b>StandBy</b> explains the importance of local and coordinated community-based responses to suicides.</p> <p><b>DUR:</b> 2:07</p> <p><b>FW:</b> “StandBy – <i>Support after Suicide</i> is Australia’s leading suicide postvention program dedicated to assisting people and communities impacted by suicide...”</p> <p><b>LW:</b> “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>

